



Cove Care – Transitions

Statement of Purpose: Park Road CCT



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INTRODUCTION

In accordance with the Health and Social Care Act 2008, this is the Statement of Purpose for the location of Park Road CCT, a social and health care residential provision operated by the provider Cove Care – Transitions. Park Road provides

a specialist mental health community service for young people (referred to interchangeably in this document as ‘young people’ or ‘residents’), aged 16 – 25 years.

PART 1: IMPORTANT CONTACT DETAILS

This Statement of Purpose is in accordance with the Health and Social Care Act 2008 Care Quality Commission (Registration) Regulations 2009 Regulation 12.

The following is the provider’s full business address and the address for the service of notices and other documents:

***1.1. Providers Name and Legal Status: Cove Care –
Transitions
CQC Provider ID: 1-6354449697
Legal Status: Organisation***

1.2. Business Address

Cove Care – Transitions
16 Waterloo Road
Wolverhampton
WV1 4BL
Business Telephone: 01902 854259
Email: info@cct.co.uk

PART 2: AIMS AND OBJECTIVES

2.1. Cove Care – Transitions (CCT) provides specialist mental health care within residential settings for 3 residing young people aged between 16 – 25 years of age. This care is delivered through a combination of a dedicated residential support worker team, supported and guided by a Multi-Disciplinary Team (MDT) of qualified mental health professionals. The in-house MDTs consist of a mental health nurse, psychiatrist, psychotherapists and a social worker.

The primary aim is to provide a community mental health service for the following groups of people:

- Children and young people (aged 16-18) requiring a specialist ‘step-down’ service from a psychiatric in-patient (e.g. CAMHS tier 4) admission of assessment and / or treatment to facilitate their ongoing recovery

- Young people (up to age 25) requiring a community setting, as an alternative to an in-patient setting, for assessment and / or treatment of their mental health needs
- Young people (up to age 25) requiring continued care and treatment from either residential settings and / or hospitals, into early adulthood

PART 3: LOCATION, SERVICE AND ACTIVITIES

This Statement of Purpose describes the location at **Park Road CCT**, the 1st location operated by Cove Care – Transitions.

3.1. Name / Address of Location

Park Road CCT
 22 Park Road West
 Wolverhampton
 WV1 4PN
 Telephone: 01902 854259 xt 7
 Email: edleen.matonhodze@cc-t.co.uk

3.2. Description of Park Road CCT

3.2(a) The Area

Park Road CCT is situated in a quiet, residential area just outside (1.5 miles) Wolverhampton City Centre. The property is positioned on a ‘ring road’ (Park Road West and East) which surrounds the picturesque West Park, one of Wolverhampton’s finest and best-kept public parks operated by the local authority. Park Road has the benefits of its suburban location and also the nearby areas of Chapel Ash and Whitmore Reans, which both have a wide selection of shops, café’s and restaurants. While Park Road itself is ‘tucked away’ within a quiet, suburban area, there is an inclusive, vibrant and multi-cultural feel to these neighbouring areas, and a range of religious facilities and places of worship. There is also an abundance of health services nearby including GP’s, dentists, opticians, physiotherapists, mental health drop-in services, and sexual health clinics.

3.2(b) Equipment and Facilities

Park Road is approved for 3 places / overnight beds for residents.

Park Road is a Victorian-era built detached property, decorated and maintained to a high standard. The residence includes several large reception areas downstairs including a dining room; reception area; kitchen; lounge and conservatory. Also downstairs is a separate staff office and staff toilet and bathroom facilities; and there is a large private garden to the rear of the property and ample parking within the front courtyard to the property. To the rear are good-sized outbuildings which can be utilised as part of the future location development planning process. The property has a risk-assessed fire safety system integrated throughout. The locked staff office has clinic-room facilities to ensure the safe storage, administration and recording of medication, including controlled drugs.

Upstairs, each resident has a private bedroom, each furnished with a single bed, bedding, wardrobe and storage. Young people have their own keys for their rooms. There is a resident bathrooms/toilets, one equipped with a bath and the other with a shower suite, and the staff have separate sleeping, toilet and bathroom facilities. Any valuables belonging to the young people can be stored securely by the staff. The allocation of bedrooms, and the supervision arrangements of the rooms and of the residents will be dependent on their specific needs for care and support, protection and safeguarding, and be informed by a clear risk assessment and Care Plan.

Upstairs there is also a multi-purpose meeting room, used for resident's scheduled visits; staff meetings and as a quiet space when not in diaried use.

3.2(c) Staffing

RSW Team

The dedicated RSW staffing compliment at the location on full occupancy is as follows:

- 1 Registered Manager
- 1 Deputy Manager
- 2 Team Leaders
- 8 RSW's

3.2(d) Qualifications

The RM is qualified to level 5 Diploma Health & Social Care; all other support workers are qualified to (or working towards) level 3 Diploma or above.

3.2(e) RSW Care and Support Levels

With 3 residents at the location, there will be 2 RSW's on duty during the day (0800 to 2300), with the RM being available either within the location or supernumerary from administrative duty. Night-time support (after 2300) is available dependent on the needs of the residents, and will include either waking night shifts, sleeping-in staff or a combination of this support. These levels will be continuously reviewed by the RM in line with the needs and risks presented by the residents. When sleeping-in, staff have a designated, locked-off staff-only sleeping area for this purpose. The dedicated team are able to meet the majority of the required shifts and duties at the location; where there are shortfalls not able to be met by overtime within the team agency staff are only utilised from a trusted provider, using staff familiar to the location, fully vetted and having undertaken an in-house key induction.

3.2(f) Multi-Disciplinary Team

The health care professional Multi-Disciplinary Team (MDT) component at the location, depending on occupancy levels and clinical need, is as follows:

RMNs
Psychiatrist
Psychotherapists
Social Workers

The qualifications held by the MDT include:

- RMN
- RN (Mental Health) DipHE
- PG Dip Child Forensic Practice Psychology & Law
- PG CertEd Health
- MSc Psychotherapy
- FRCP
- BACP
- PG Dip Counselling as a Means to Health
- DipSW

3.3. CQC Service User Bands

The following groups of people will use the services at Park Road CCT:

1. Children aged 16 to 17 years
2. Adults aged 18 to 25 years
3. Mental health

3.4. CQC Service Types

The following are the services provided at Park Road CCT:

1. Care Home Services Without Nursing (CHS)

3.5. CQC Regulated Activities

The following activities are carried out at Park Road CCT:

3.5(i) Accommodation for Persons who Require Nursing or Personal Care

Description of Activity:

As a residential care home, Park Road provides residential accommodation together with personal care provided by the dedicated residential support work team, supervised and supported by the Multi-Disciplinary Team (MDT). While the residents will typically be able to look after their own basic care needs, some may need guidance, support and in some cases 'prompting and supervision' (see CQC (2015): The Scope of Registration) from the team in some aspects of their self-care or daily living. These needs will be identified in their care plan with clear interventions outlined, and regularly reviewed by the MDT.

Registered Manager for the regulated activity: Edleen Matonhodze

3.6. Multidisciplinary Support: Psychiatrists and Mental Health Nurses at Park Road

The Park Road multidisciplinary team model provides a liaison / specialist support for the resident and their wider involved professional network. Park Road provides the multidisciplinary support of young people's mental health needs, and / or mental disorders, by a qualified MDT of health care professionals including mental health nurses, psychiatrists, psychotherapists and social workers, alongside a dedicated ancillary team of residential support workers. This support will typically involve their established long-term mental health conditions, but might also include the identification of more acute, emerging mental health difficulties as identified by the MDT. This comprehensive service by the Park Road MDT will be followed through, where necessary, by face-to-face / written referral / liaison by the MDT directly to the other involved specialists within the community.

Psychiatrists: The psychiatrist employed by the service operates as a 'psychiatric specialist advisor'. This 'advisory' capacity is both to the service itself, and also to

any other psychiatric and / or medical professional involved with our young people. In practice this means that the CCT psychiatrist provides specialist advice, consultation and liaison to the staff at the service.

Where there is an allocated psychiatrist involved with a young person, for example where the local Community Mental Health Team are involved, or there is an allocated Responsible Clinician under section 117 Mental Health Act 1983, this psychiatrist retains the 'lead' medical professional role for that young person, with the CCT psychiatrist providing advice to them on any assessment or treatment issues that arise. Similarly, the lead medical psychiatrist would liaise with the CCT psychiatrist regarding any assessment or treatment decisions arising from their own work with the young person, and a plan for implementation agreed and documented.

All young people within CCT are registered with the local GP. The GP is the first port of call for all primary health care needs arising for a young person. The same professional relationship as described above applies to the GP and the CCT psychiatrist: the GP is the lead primary health care doctor for the young person, with the CCT psychiatrist providing specialist psychiatric consultation with the GP. Similarly, both professionals would liaise closely with any arising medical assessment or treatment issues for the young person.

Mental Health Nurses: qualified mental health nurses employed by CCT have precisely the same mental health nursing specialist advisory role with their counterparts within the public sector as the CCT psychiatry staff. The CCT nursing team provides advice and liaison to the multi-agency team regarding any arising nursing needs requiring decisions around nursing assessment, planning, implementation or evaluation.

3.7. The Residential Population Within Cove Care – Transitions

CCT placements are specifically set up for the 16 – 25 year old age group, to provide a service for young people who have significant mental health needs, and are transitioning from leaving the care of CAMHS and children's local authority services into adult mental health and social care. This group is at a well-recognised risk of encountering the 'cliff-edge' of services as they make this transition, which place their longer-term mental health recovery at significant risk, and CCT is specifically set up to meet this particular gap in services. Within a 16 – 25 year old residential population, those aged 16 and 17 years are legally defined as 'children', while those 18 years and over are 'adults'. The Care Standards Act 2000 states that a children's home is any 'establishment ... (that) provides care and accommodation wholly or mainly for children'. CCT placements will have less than 50% of their population under the age of 18 years

at any time, ensuring that the service meets the legislation and the regulations of the Care Quality Commission (CQC).

3.8. Matching Assessment

CCT are mindful of the needs of these two groups and are clear of our responsibilities in managing this group of young people together. Alongside the potential difficulties, our view is that, properly managed, there are also many potential advantages in this particular age group living together, such as positive role-modelling and developing a positive peer culture, peer mentoring, development of social and practical skills, and facilitating the self-esteem of young adults in performing these roles.

As well as bed-management of under 18's within the placement, comprehensive risk and matching assessments will be conducted for each young person, prior to and throughout their admission, to ensure their developmental needs are being met, and any identified risks are safely managed. These assessments will be conducted by the multi-agency team and reviewed by them in the Clinical Review Meeting process. The factors taken into account in these assessments include (but are not restricted to):

- Chronological age differentials within the placement
- Physical and psychological developmental needs
- Social behavioural needs
- Clinical history
- Communication skills
- Daily activities
- Risks / needs specific to unstructured periods / evening / night / weekends

These issues are covered in staff training in risk assessment. As per the risk assessment policy, any identified risks in this area will be scored by the 'frequency' x 'severity' formula and risk management plans implemented and reviewed accordingly.

PART 4: REGISTERED MANAGER

The Registered Manager (RM) at Park Road CCT is Edleen Matonhodze. Edleen is the sole RM for the services and activities registered at the provision.

4.1. Manager's Contact Details:

Mrs Edleen Matonhodze

Park Road CCT
 22 Park Road West
 Wolverhampton
 WV1 4PN
 Business Telephone: 01902 854259 xt 7
 Mobile Telephone: 07882 088216
 Email: edleen.matonhodze@covecare.co.uk

Total locations managed by the RM:

Park Road CCT: 100% of RM working time.

4.2. Regulated activities managed by the RM:

1. Accommodation for Persons who Require Nursing or Personal Care

APPENDIX I: STAFF LIST PARK ROAD: RESIDENTIAL CARE STAFFING

NAME	DESIGNATION	QUALIFICATIONS	CURRENTLY STUDYING
Edleen Matonhodze	Registered Manager	Level 5 Leadership and Management Part Qualified Masters in Social Work Diploma L3 Children and families Therapeutic Crisis Intervention	
Nicole Clayton	Deputy Manager	Diploma L3 Access to Higher education Diploma	BA hons Social Work University of Wolverhampton
Thandoluhle Mehlo	RSW		Assigned Dip L3 on 12/12/19
Mirabel Ngajumnkoh	RSW		Assigned Dip L3 on 12/12/19
Helen Ikponmwomba	RSW		Assigned Dip L3 on 12/12/19
Gladys Osador	RSW	Diploma L3	
Leisa Wallen	RSW	Diploma Level 2 Health and Social Care Adults Social Care in the Community Diploma	

Dave Bowdley	Maintenance		
Dave Hipkiss	Maintenance		

**APPENDIX II: STAFF LIST PARK ROAD
CLINICAL/THERAPEUTIC INPUT**

NAME	DESIGNATION	CLINICAL / THERAPEUTIC QUALIFICATIONS	CLINICAL / THERAPEUTIC PROVISION
Liza Gallon	Clinical Nurse Specialist	BSc (Hons) Nursing Studies; RMN; NMC	Psychiatric nursing assessment, care plan implementation; liaison with external community team
Dr Inam Ul-haq	Consultant CAMHS Psychiatrist	MRCP; GMC certified	Psychiatric assessment / treatment / monitoring / medical liaison with external community team
Bev Cyrus	Director / Nominated Individual	RMN; NMC; MSc Psychotherapy	Existential Psychotherapy; Psychiatric nursing assessment, care plan implementation; liaison with external community team
Lee Smith	Director	RMN; NMC; PG Dip Child Forensic	Forensic/offending counselling/risk assessment; Psychiatric nursing assessment, care plan implementation;

			liaison with external community team
Louise Westley	High Intensity Psychotherapist	BSc (Hons) Psychology	Cognitive Behavioural Therapy; (CBT); Eye Movement Desensitisation Reprogramming (EMDR)
Juliet Asher	Psychotherapist	MA Art Therapy Foundation Degree in Therapeutic Childcare Level 3 Diplomas Children & Young People's Workforce Dyadic Development Psychotherapy (level one) BA Hons Textile Design	1:1 / Group Art Psychotherapy